

## BLITZ STOPWATCH USER MANUAL

Modes: Current Time/ Date, Stopwatch, Memory Storage, Fastest / Slowest / Average Lap, Repeating Countdown Timer and Pacer.

Maximum time on stopwatch: *'9hrs, 59min, 59.99sec'*

Maximum number of laps able to be displayed: *'199 laps'*

Maximum number of laps stored in memory: *'10 laps'*

Stopwatch Battery type: LR44

The stopwatch has 4 buttons: **RESET**, **RECALL**, **START** and **MODE**.

### TURNING ON THE STOPWATCH:

- Hold down **RECALL** for 4 seconds until the main time display is shown.

### TURNING OFF THE STOPWATCH

- Press **MODE** to switch between modes until the display shows the *'PACE'* menu.
- Hold down **RECALL** until the display shows *'ALL – OFF'* then release **RECALL**.
- Press **START** to turn the stopwatch off.

### SETTING THE MAIN TIME / CLOCK

- Press **MODE** until display shows main time menu.
- Press **RESET** to toggle between Alarm Hour, Alarm Minute, Alarm On/Off, Year, Month, Date, Day, 12H / 24h mode Time, Clock Hour, Clock Minute, Clock Second.
- Press **START** to change the Digit or toggle settings.
- Press **MODE** to save settings.

### STOPWATCH MODE

The Stopwatch mode displays Lap Number (top left corner), Lap Time (first row), Split Time (second row) and Current Time (third row)

- In stopwatch mode press **START** to Start/Stop Timer.
- Press **RESET** to reset stopwatch when timer is stopped.
- Press **RESET** to log Lap Time whilst timer is ongoing. Maximum laps that can be displayed is 199.

### RECALL / MEMORY MODE

- In Stopwatch mode. Press **RECALL** to view previous Lap / Split times. Press **RECALL** again to toggle between Laps. The stopwatch can store up to the first 10 Laps / Split times.
- Press **RESET** to toggle between *'FS'* fastest Lap, *'SL'* slowest Lap and *'AV'* – Average Lap (Up to the first 10 Laps). *'C-0.....'* Shows the Lap the time was set on.

- Press **MODE** to exit Recall menu and return to Stopwatch mode.

#### REPEATING COUNTDOWN TIMER MODE

When in Repeating Countdown Timer mode, display shows 'TR' (top left corner), Time Set (first row), Time Remaining (second row) and number of times timer set has elapsed (third row)

The timer will sound an alarm for times set to 30 seconds or more. Only a single beep will sound for times set below 30 seconds.

Maximum timer limit: '9hrs, 59min, 59.99sec'. When no time is set, starting the timer will default to the maximum timer limit.

- To set Timer, press **RESET** to toggle between 'Hours, minutes or Seconds'. The flashing digit indicates which time will be changed.
- Press **START** to change flashing digit.
- To set timer press **RESET** until no digits are flashing or press **MODE** whilst digits are flashing.
- Once timer is set press **START** to Start / Stop timer.
- Press **RESET** whilst timer is running to stop alarm sound without stopping timer.
- Press **RESET** whilst timer is stopped to reset timer to original time set.

#### PACE MODE

Pace mode is a metronomic counter that allows you to set a beep pace between 10 and 320 beeps per minute (10, 20, 30, 40, 60, 80, 120, 160, 240 and 320)

- In Pace mode you will see display 'F-10' With the '10' flashing.
- Press **RESET** to toggle up the beeps per minute required.
- Press **START** to Start / Stop Pacer mode.
- Press **RESET** to Reset pacer.

#### FACTORY RESET ALL TIMES / CLOCK/ DATE SETTINGS

- Press all four buttons **RESET**, **RECALL**, **START** and **MODE** simultaneously.

#### REPLACING STOPWATCH BATTERY

- Using a small Phillips-head screwdriver, remove the 6 screw from the back plate.
- Remove the screw from the battery securing plate.
- Replace battery with LR44 sized battery.